



VEGAN PROTEIN PANCKAES

INGREDIENTS

- 1 CUP OATS
- 1/2-3/4 Cup Almond Milk
- 1 Small Banana
- 1 Scoop Olly Plant Based Vanilla Protein Powder
- Cinnamon (optional)

PREP TIME

- Prep | 2 min
- Cook | 2-3 min.

PROCEDURE

- 01** Combine All Ingredients In Blender, and Blend Until Smooth. Pro Tip: You want a smooth yet thick consistency. So be sure not to add too much milk. Let stand for 30+ sec to thicken while you heat stove
- 02** Heat pan to medium. Spray pan with olive oil. Slowly pour batter into pan allowing batter to get 4-5" diameter . Let stand for 45 sec- 60 sec. than flip, and wait the same. Repeat for eacch pancake.
- 03** Layer panckes onto of one another, drizzle with your choice of sweetness, and top off with fruit. Viola! Enjoy!